



CORPORATION OF THE TOWNSHIP OF ESQUIMALT

Municipal Hall, 1229 Esquimalt Road, Esquimalt, B.C. V9A 3P1
Telephone (250) 414-7100 Fax (250) 414-7111

File 0550-06

January 4, 2012

NOTICE

**A SPECIAL MEETING OF COUNCIL WILL BE HELD ON
MONDAY, JANUARY 9, 2012 AT 5:45 PM, IN THE
COUNCIL CHAMBERS, ESQUIMALT MUNICIPAL HALL,
1229 ESQUIMALT ROAD.**

**ANJA NURVO
CORPORATE OFFICER**



CORPORATION OF THE TOWNSHIP OF ESQUIMALT

A G E N D A **SPECIAL MEETING OF COUNCIL**

Monday, January 9, 2012
5:45 p.m.
Esquimalt Council Chambers

1. **CALL TO ORDER**
2. **LATE ITEMS**
3. **APPROVAL OF THE AGENDA**
4. **PUBLIC INPUT (On items listed on the Agenda)**
Excluding items which are or have been the subject of a Public Hearing.
5. **STAFF REPORT**

Parks and Recreation

- (1) Age Friendly Community Project Grant Application, Staff Report No. P&R-12-001 Pg. 1

RECOMMENDATION

That Council support the submission of a grant application under the 2012 Age-friendly Community Project Grant, funded through the Seniors' Housing & Support Initiative.

6. **PUBLIC QUESTION AND COMMENT PERIOD**
Excluding items which are or have been the subject of a Public Hearing.
Limit of two minutes per speaker.
7. **MOTION TO GO *IN CAMERA***

Motion to go *In Camera* pursuant to Section 90 of the *Community Charter* to discuss:

- Labour relations or other employee relations; and
- The receipt of advice that is subject to solicitor-client privilege, including communications necessary for that purpose; and
- Negotiations and related discussions respecting the proposed provision of a municipal service that are at their preliminary stages and that, in the view of the council, could reasonably be expected to harm the interests of the municipality if they were held in public; and

- The consideration of information received and held in confidence relating to negotiations between the municipality and a provincial government or the federal government or both, or between a provincial government or the federal government or both and a third party

In accordance with Section 90 (1) (c), (i), (k) and 90 (2) (b) of the *Community Charter*, and that the general public be excluded.

8. ADJOURNMENT



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Special Council Meeting: January 9, 2012

STAFF REPORT

DATE: January 3, 2012 Report No. P&R-12-001
TO: Laurie Hurst, Chief Administrative Officer
FROM: Scott Hartman, Director of Parks and Recreation Services
SUBJECT: Age Friendly Community Project Grant Application

Recommendation

That Council support the submission of a grant application under the 2012 Age-friendly Community Project Grant, funded through the Seniors' Housing & Support Initiative.

Background


Staff were recently made aware of the opportunity to apply for \$20,000 of funding for senior friendly projects through the Senior's Housing and Support Initiative. This grant does not require matching funding. Due to extremely tight submission deadlines in December, staff submitted the grant application. However, to ensure qualification for the funding a resolution from Council is required.

Discussion

Staff proposed the design and implementation of a Seniors Outdoor Fitness Program titled e=SeniorFit. This will provide increased opportunities for Seniors to participate in exercise within the community while removing financial barriers and promoting volunteerism. This program will compliment existing initiatives and will not require additional operating funds. Components of the proposed project include:


- Design, development and implementation of a free pilot program for Seniors in our new Outdoor Fitness Park (a 6 week fitness program led by a BCRPA certified Group Fitness Leader. Program will include an orientation to the park, step-by-step instruction on safe and effective use of all equipment, injury prevention, safe warm-up & cool-down exercises, goal setting, self-monitoring and success measurement)
- Train volunteer assistants to provide 1:1 support and peer mentorship
- Host a grand opening event for this new Outdoor Fitness Park
- Install outdoor lighting, seating and a welcome board to improve the safety and comfort of Seniors using this space

Respectfully Submitted,



Scott Hartman
Director of Parks and Recreation Services

Approved for Council's consideration:



Laurie Hurst, CAO

Dated: Jan 4/11