WINTER DROP IN SWIM SCHEDULE January 23-March 19, 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY		FRIDAY	SATURDAY
	Lengths & Family Swim					
	Programs & Family Swim					
			8:00-11:30am			*Programs & Family Swim
	Deep Fit 8:05-8:55	Shallow Fit 8:05-8:55	Deep Fit 8:05-8:55	Shallow Fit 8:05-8:55	Deep Fit 8:05-8:55	Limited Public Space
Lengths & Family Swim	Shallow Fit 9:05-9:55	Deep Fit 9:05-9:55	Shallow Fit 9:05-9:55	Deep Fit 9:05-9:55	Shallow Fit 9:05-9:55	
	Foundations 10:35-11:25		Cardio Conditioning 10:35-11:25		Foundations Plus 10:35-11:25	Shallow Fit 8:35-9:25
	Lengths & Rehabilitation 11:30AM-12:30PM					8:00-12:00PM
9:00-1:00PM		Everyone Welcome &				
	Lengths & Family Swim 12:30-1:00pm					Programs
						12:00-1:00PM
Everyone Welcome	Everyone	Everyone	Everyone	Everyone	Everyone	Everyone
Welcome	Welcome & Programs	Welcome &	Welcome & Programs	Welcome &	Welcome & Programs	Welcome
	1:00-3:00PM	Programs	1:00-3:00PM	Programs	1:00-3:00PM	1:00-3:00PM
1:00-3:30PM	1.00 3.00111	1:00-3:30PM	1.00 3.00114	1:00-3:30PM	1.00 3.00111	
	*Programs &		*Programs &		* D 0	Everyone Welcome &
Programs ONLY	Family Swim Limited Public Space	ONLY	Family Swim Limited Public Space	Programs ONLY	*Programs & Family Swim	
3:30-6:30PM	Elithica i abile space	3:30-6:30PM	Emilied Fubile Space	3:30-6:30PM	Limited Public Space	3:00-5:00pm
	3:00-7:00PM	*Programs &	3:00-7:00PM	*Programs &		Evonyono
	Total Body Workout 6:05-6:55pm	Family Swim Limited Public Space	Total Body Workout 6:05-6:55pm	Family Swim Limited Public Space	3:00-7:00PM	Everyone Welcome
Everyone		6:30-8:00PM		6:30-8:00PM		
Welcome &	Evonvono	Cardio Blast 7:05-7:55pm	Evanyona	Cardio Blast 7:05-7:55pm		5:00-7:30PM
Programs	Everyone Welcome &	7.03 7.33pm	Everyone Welcome &	7.03 7.33pm	Everyone Welcome	
	Programs	Everyone	Programs	Everyone	Tr cicoinic	
		Welcome		Welcome		
6:30-9:00PM	7:00-9:00PM	8:00-9:00PM	7:00-9:00PM	8:00-9:00PM	7:00-9:00PM	