WINTE	R DROP I	N SWIM S	CHEDULE	January	23-March	19, 2022
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Lengths & Family Swim					
	5:30-8:00am					
	Programs & Family Swim					
	8:00-11:30am					*Programs & Family Swim
	Deep Fit 8:05-8:55	Shallow Fit 8:05-8:55	Deep Fit 8:05-8:55	Shallow Fit 8:05-8:55	Deep Fit 8:05-8:55	Limited Public Space
Lengths & Family Swim	Shallow Fit 9:05-9:55	Deep Fit 9:05-9:55	Shallow Fit 9:05-9:55	Deep Fit 9:05-9:55	Shallow Fit 9:05-9:55	
	Foundations 10:35-11:25		Cardio Conditioning 10:35-11:25		Foundations Plus 10:35-11:25	Shallow Fit 8:35-9:25
	Longthe & Dobabilitation 11,200M 12,20DM					8:00-12:00PM
9:00-1:00PM	Lengths & Rehabilitation 11:30AM-12:30PM					Everyone Welcome &
	Lengths & Family Swim 12:30-1:00pm					Programs
Everyone Welcome						12:00-1:00PM
	Everyone	_	Everyone	_	Everyone	
	Welcome & Programs	Everyone Welcome &	Welcome & Programs	Everyone Welcome &	Welcome & Programs	Everyone Welcome
	-	Programs		Programs	-	weicome
1:00-3:30PM	1:00-3:00PM	1:00-3:30PM	1:00-3:00PM	1:00-3:30PM	1:00-3:00PM	1:00-4:00PM
	*Programs &		*Programs &			
Programs ONLY	Family Swim		Family Swim	Programs ONLY	*Programs &	
UNLY	Limited Public Space		Limited Public Space	UNLT	Family Swim Limited Public Space	Welcome & Club Rentals
3:30-6:30PM				3:30-6:30PM		4:00-6:00PM
Everyone Welcome & Programs	3:00-7:00PM	*Programs &		*Programs &		_
	Total Body Workout 6:05-6:55pm	Family Swim Limited Public Space	Total Body Workout 6:05-6:55pm	Family Swim Limited Public Space	3:00-7:00PM	Everyone Welcome
		6:30-8:00PM		6:30-8:00PM		
	Everyone Welcome &	Cardio Blast 7:05-7:55pm	Everyone Welcome &	Cardio Blast 7:05-7:55pm	Everyone Welcome	6:00-7:30PM
	Programs	Everyone Welcome	Programs	Everyone Welcome		
6:30-9:00PM	7:00-9:00PM	8:00-9:00PM	7:00-9:00PM	8:00-9:00PM	7:00-9:00PM	