

FALL AM SWIMMING LESSONS

COST 30 Minute Lessons; \$4.85/ lesson 45 Minute Lessons; \$6.20/ lesson 60 Minute Lessons; \$7.00/ lesson Registered Private Lessons; \$17/lesson		SATURDAY AM Sept 22—Dec 1 *No Class Oct 6, & Nov 10									SUNDAY AM Sept 16-Nov 25 (8 sessions) * No Class Oct 7, Oct 28, & Nov 11					
		8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	9:00	9:30	10:00	10:30	11:00	11:30
		Registered Private	X	X	X	X	X		X	X	X					
Starfish		X				X						X		X		
Duck		X				X						X		X		
Sea Turtle	X			X	X		11:15-11:45			X		X		X		
Sea Otter			X	X	X		X			X	X	X		X		
Salamander	X		X	X			X	11:15-12:15		X	X	X		X		
Sunfish			X				X					X		X		
Crocodile				X									X			
Whale													X			
Swim Kids 1				X	X			X						X		
Swim Kids 2					X			X			X			X		
Swim Kids 3				9:30-10:15						9-9:45AM						
Swim Kids 4						10:30-11:15				9-9:45AM						
Swim Kids 5						10:45-11:30				9:45-10:30						
Swim Kids 6					10:15-11AM					9:45-10:30						
Swim Kids 7					10:15-11AM											
Swim Kids				9:30-10:30												
Adult	Interest list being taken for Adult Group Lessons; Adult Private Lessons always available. Email aquatics@esquimalt.ca to be added to the adult group lesson interest list.															

Private Swimming Lessons

A Little Extra Help Goes a Long Way!

Registered Private Lessons

- \$17.00/30 minutes (additional participant \$10 flat fee)
- Programs run alongside community lessons
- Program times can be found on the inner page of this pamphlet
- Additional sessions are offered on Mondays & Thursdays, esquimalt.ca/swim for times
- Progress cards are issued at the end of each set
- We are unable to re-book missed lessons; however please feel free to send a sibling, cousin, or friend in place of the registered participant

Premium Private Lessons

- Available when it fits your schedule
- Re-schedule up to 3 lessons as needed (with a minimum 6 hours notice). NOTE: We can only re-schedule private lessons up to the end of a schedule period - remaining lessons will be refunded
- Request your favourite instructor
- Book up to 2 people/lesson
- Progress cards are issued when booking 5 or more lessons
- Call 250-412-8533 or email aquatics@esquimalt.ca to book
- \$27.00/30 minutes session

VIEW OUR LIVE POOL SCHEDULE:
esquimalt.ca/schedules

Swim Lessons

FALL 2018

esquimalt.ca | 250.412.8500



“I am thrilled with my child’s swimming lessons at Esquimalt Recreation. We used to attend a different facility but decided to try Esquimalt. We are glad we did. Our son improved more after three lessons than he did the entire set at another location. I also loved that I could relax in the hot tub and watch the lesson from there.”



Updated: August 1, 2018

FALL PM SWIMMING LESSONS

*Times are subject to change. Register early to avoid disappointment

COST 30 Minute Lessons; \$4.85/lesson 45 Minute Lessons; \$6.20/lesson 60 Minute Lessons; \$7.00/lesson Registered Private Lessons; \$17/lesson		TUESDAY PM ONLY Sept 18-Nov 27 (11 sessions)						WEDNESDAY PM ONLY Sept 19- Nov 28 (10 sessions) *No Class Oct 31							FRIDAY PM Sept 21-Nov 30 (11 sessions)						SUNDAY PM Sept 16-Nov 25 (8 sessions) * No Class Oct 7, Oct 28, & Nov 11							
		4:00	4:30	5:00	5:30	6:00	6:30	3:30	4:00	4:30	5:00	5:30	6:00	6:30	4:00	4:30	5:00	5:30	6:00	6:30	3:30	4:00	4:30	5:00	5:30	6:00		
Parented Pre-school 4-36 Month	30 Minute Classes	Registered Private	X	X		X	X	X	X			X	X	X	X	X			X	X		X						X
		Starfish		X								X						X										
		Duck		X								X						X										
		Sea Turtle	X				X						X					X									X	
		Sea Otter	X	X	X		X			X	X		X			X	X	X		X		X				X		
		Salamander	X		X	X				X	X			X		X	X		5:45-6:15					X	X			
		Sunfish				X				X				X					X				X					
		Crocodile			X												X											
		Whale			X												X											
Pre-School Programs 3-5 years	30 Minute Classes	Swim Kids 1				X				X					X			X				X				X		
		Swim Kids 2				X			X						X			X					X			X		
		Swim Kids 3		4:45-5:30							4:30-5:15							5-5:45PM						4:45-5:30				
		Swim Kids 4		4:45-5:30									5:45-6:30					5:15-6PM						4:45-5:30				
		Swim Kids 5				5:30-6:15						5-5:45PM					4:30-5:15										5:30-6:15	
		Swim Kids 6	4-4:45									5:15-6PM								6-6:45PM			4-4:45PM					
		Swim Kids 7	4-4:45																	6-6:45PM			4-4:45PM					
School Aged Program 6-13 years	45 Minute Classes	Swim Kids																										
		8/9/10					6-7PM									4-5PM												
Adult	60 Minute Classes	For Adult & Senior Lessons please see our Program & Event Guide or call 250-412-8500 for details.																										