

# Spring AM SWIMMING LESSONS

\*Times are subject to change. Register early to avoid disappointment

**COST**  
 30 Minute Lessons; \$4.85/lesson  
 45 Minute Lessons; \$6.20/lesson  
 60 Minute Lessons; \$7.00/lesson  
 Registered Private Lessons;  
 \$17/lesson

Parented  
 Pre-school 4-  
 36 Month

Pre-School Programs  
 3-5 years

School Aged Program  
 6-13 years

Adult

## SATURDAY AM

April 8—June 17 (9 sessions)\*  
 \*NO Class April 15th or May 20th

## SUNDAY AM

April 9—June 18 (9 sessions)\*  
 \*NO Class April 16th or May 21st

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	9:00	9:30	10:00	10:30	11:00	11:30
Registered Private	xx	xx	x		x		x	xx	xx						
Starfish		X				X							X		x
Duck		X				X							x		X
Sea Turtle	X			x	x					x			x		X
Sea Otter			x			x	X			x	X	x		x	
Salamander	x		X	9:45-10:15			X	x		x	x	x		x	X
Sunfish			X				X					x		x	
Crocodile					x								x		
Whale					X								x		
Swim Kids 1				X				X							x
Swim Kids 2				X				x			x				
Swim Kids 3				9:30-10:15						9-9:45am					
Swim Kids 4				9:30-10:15						9-9:45am					
Swim Kids 5						10:30-11:15					9:45-10:30				
Swim Kids 6					10:15-11						9:45-10:30				
Swim Kids 7					10:15-11										
Swim Kids 8/9/10				9:30-10:30											

For Adult & Senior Lessons please see our Program & Event Guide or (call 250-412-8500 for details.)

## Private Swimming Lessons

*A Little Extra Help Goes a Long Way!*

### Registered Private Lessons

- \$17.00/30 minutes (additional participant \$10 flat fee)
- Programs run alongside community lessons
- Program times can be found on the inner page of this pamphlet
- Additional sessions are offered on Mondays & Thursdays
- Progress cards are issued at the end of each set
- We are unable to re-book missed lessons; however please feel free to send a sibling, cousin, or friend in place of the registered participant

### Premium Private Lessons

- Available when it fits your schedule
- Re-schedule up to 3 lessons as needed (with a minimum 6 hours notice).  
 NOTE: We can only re-schedule private lessons up to the end of a schedule period - remaining lessons will be refunded
- Request your favourite instructor
- Book up to 2 people/lesson
- Progress cards are issued when booking 5 or more lessons
- Call 250-412-8533 or email [aquatics@esquimalt.ca](mailto:aquatics@esquimalt.ca) to book
- \$27.00/30 minutes session

**VIEW OUR LIVE POOL SCHEDULE:**  
[www.esquimalt.ca/schedules](http://www.esquimalt.ca/schedules) OR  
 call 250-412-8500

# Swim Lessons SPRING 2017

[esquimalt.ca](http://esquimalt.ca) | 250.412.8500



“I am thrilled with my child’s swimming lessons at Esquimalt Recreation. We used to attend a different facility but decided to try Esquimalt. We are glad we did. Our son improved more after three lessons than he did the entire set at another location. I also loved that I could relax in the hot tub and watch the lesson from there.”



Updated: February 2017

# Spring 2017 PM SWIMMING LESSONS

\*Times are subject to change. Register early to avoid disappointment

COST 30 Minute Lessons; \$4.85/lesson 45 Minute Lessons; \$6.20/lesson 60 Minute Lessons; \$7.00/lesson Registered Private Lessons; \$17/lesson		TUESDAY/THURSDAY PM April 11—May 11 (10 sessions) May 16—June 15 (10 sessions)							TUESDAY PM ONLY April 11—June 13 (10 sessions)							WEDNESDAY PM ONLY April 12—June 14 (10 sessions)						FRIDAY PM April 7 - June 16 (10 sessions)* *NO Class on April 14th						SUNDAY PM ONLY April 9—June 18 (9 sessions)* *NO Class April 16th or May 21st										
		3:30	4:00	4:30	5:00	5:30	6:00	6:30	3:30	4:00	4:30	5:00	5:30	6:00	6:30	3:30	4:00	4:30	5:00	5:30	6:00	4:00	4:30	5:00	5:30	6:00	6:30	3:30	4:00	4:30	5:00	5:30	6:00	6:30				
		Registered Private Starfish Duck Sea Turtle Sea Otter Salamander Sunfish Crocodile Whale Swim Kids 1 Swim Kids 2 Swim Kids 3 Swim Kids 4 Swim Kids 5 Swim Kids 6 Swim Kids 7 Swim Kids 8/9/10																																				
Parented Pre-school 4-36 Month	30 Minute Classes	Registered Private	x					X	x						Xx								x	x	x	x	x	x	xx					x	xx	x		
		Starfish					X				X								4:45-5:15pm						x													
		Duck					X				X								4:45-5:15pm						x													
		Sea Turtle					X			X				X					x		x		x		x			x			x		X					
		Sea Otter		X		x				x		x		X				x				x	x		x		x			x			X					
		Salamander			x		X					X	x	X				3:45-4:15pm				x	x	x	x	x					X							
		Sunfish				x					x		x					3:34-4:15pm							X				x									
		Crocodile						X								6:15-6:45																						
		Whale						X								6:15-6:45																						
Pre-School Programs 3-5 years	45 Minute Classes	Swim Kids 1		X								X					x						X				X			x				X				
		Swim Kids 2			X							X						x		x			x			x				x			X					
		Swim Kids 3			4-4:45pm								4:45-5:30						4:30-5:15pm								6-6:45pm									6-6:45pm		
		Swim Kids 4			4-4:45pm								4:45-5:30							5:15-6pm						5:15-6pm					4:45-5:30							
		Swim Kids 5						6:-6:45pm						5:30-6:15						5:15-6pm				4:30-5:15pm						4:45-5:30								
		Swim Kids 6				4:45-5:30							4-4:45pm							5:15-6pm								6-6:45pm			4-4:45pm							
		Swim Kids 7				4:45-5:30							4-4:45pm															6-6:45pm			4-4:45pm							
		Swim Kids 8/9/10							6-7pm																				4-5pm								5:30-6:30	
Adult	For Adult & Senior Lessons please see our Program & Event Guide or call 250-412-8500 for details.																																					