



CORPORATION OF THE TOWNSHIP OF ESQUIMALT

Municipal Hall, 1229 Esquimalt Road, Victoria, B.C. V9A 3P1
Telephone (250) 414-7100 Fax (250) 414-7111

PROCLAMATION

“FIBROMYALGIA AWARENESS DAY”

May 12, 2023

WHEREAS Fibromyalgia Awareness Day aims to raise awareness and end the stigma and discrimination that accompany this chronic illness, and

WHEREAS Fibromyalgia Association Canada is the only national organization in Canada that supports only fibromyalgia; and

WHEREAS Fibromyalgia affects about 5% of Canada’s population – over 2,000,000 men, women and children of all ages and races in Canada are afflicted with this chronic illness; and

WHEREAS Fibromyalgia often takes an average of three (3) to five (5) years to diagnosis; and

WHEREAS There is no known cause of, prevention of, or cure of fibromyalgia; and

WHEREAS Fibromyalgia (FM) is a complex illness whose symptoms vary widely and may include debilitating chronic pain, overwhelming fatigue, and cognitive impairment; and

WHEREAS Patients with Fibromyalgia often have a number of co-existing conditions, which may include chronic myofascial pain, irritable bowel syndrome (IBS), temporomandibular joint disorder (TMJ), environmental sensitivities, anxiety and depression; and

WHEREAS Fibromyalgia (FM) greatly reduces quality of life, can cause total disability and also affect families, friends and employers. Living with chronic pain and fatigue on a daily basis can lead to social isolation, so it is important for sufferers and their families, friends, and caregivers to know that they are not alone; and

WHEREAS People with Fibromyalgia (FM) have a right to be treated with dignity and have a right to pain relief; and

WHEREAS Together we will find ways to enhance the quality of lives for people affected by fibromyalgia and together find a cure.

THEREFORE, I, Barbara Desjardins, Mayor of the Corporation of the Township of Esquimalt, do hereby proclaim May 12, 2023 as

Fibromyalgia Awareness Day

In the Municipality of Esquimalt, Province of British Columbia.

Barbara Desjardins
Mayor