






Presented by



Information

1K Kid's Fun Run 9:00am Start
Start/Finish: at 5K Start
Route: Out & Back on Lyall St

5K Start at 9:30am
Start: Lyall Street by Lacrosse Box
Finish: Lyall Street by rear of Archie Browning Sports Centre

-  Event Parking rear lot of Archie Browning Sports Centre
-  Esquimalt Archie Browning Sports Centre
Post race refreshments, Marketplace, Kids Zone and Results.
-  Washrooms located in Archie Browning Sports Centre & Esquimalt Recreation Centre
-  Lacrosse Box
-  Post race massages at the LifeMark Health Office in the Esquimalt Rec Centre - sign up at the Archie Browning Sports Centre LifeMark Marketplace Booth! (limited availability)

