



527 Fraser Street
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www.esquimalt.ca

*Healthy hearts make
 lively communities.*

**Esquimalt Recreation Centre - POOL will be closed for annual maintenance
 Monday, November 30-Sunday, December 13, 2009 (inclusive).**

During this time, your Esquimalt Recreation Passes will be accepted at the following facilities in Greater Victoria:

- Naden Pool - please see schedule below or call 250-363-5677
- Commonwealth Pool - please call 250-475-7600 for schedule
- Crystal Pool & Fitness Centre - please call 250-361-0732 for schedule
- Juan de Fuca Pool (Nov 30-Dec 6 only) - please call 250-478-8384 for schedule
- Seaparc Leisure Complex - please call 250-642-8000 for schedule
- Recreation Oak Bay - please call 250-595-7946 for schedule
- Panorama Recreation Centre - please call 250-656-7271 for schedule
- YW-YMCA of Greater Victoria - please call 250-386-7511

Naden Pool Schedule for Esquimalt Swim Patrons: November 30-December 13, 2009:

Please show photo ID for admission to military base. Naden facility includes 5 lane, 25-metre pool, wading/lifestyle pool, steam room and hot tub.
Italicized text below indicates WaterFit class.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6am-8am: Lengths Swimming		6am-8am: Lengths Swimming		9am-8pm: Open Swim	
11:30am-1pm: Noon Swim						
	<i>12:05pm- 12:50pm: AquaFit</i>	<i>12:05pm- 12:50pm: AquaJog</i>	<i>12:05pm- 12:50pm: AquaFit</i>	<i>12:05pm- 12:50pm: AquaJog</i>		
		<i>4:30-5:30pm: Cardio Blast</i>		<i>4:30-5:30pm: Cardio Blast</i>		
7pm-10pm: Open Swim						

**Esquimalt Recreation Centre Pool Re-Opens on Monday, December 14, 2009 at 5:30am.
 Holiday pool schedule in effect December 14, 2009-Sunday, January 3, 2010; please see reverse.**