

Group Acupuncture

Esquimalt Recreation Centre

Thursdays 4:30-7:00pm

Jan 12 - Mar 1

\$189

With acupuncturist Sasha
of LifeMark Health

Treatments will be tailored to suit
your individual health needs.

pre-clinic consultation: \$59

8-session clinic: \$189

Most fees can be reimbursed
through MSP



Esquimalt Parks
& Recreation

Esquimalt Recreation Centre

527 Fraser St.

250.412.8500

www.esquimalt.ca



@EsquimaltRec

esquimalt.ca/recreation

 **ESQUIMALT**
PARKS + RECREATION